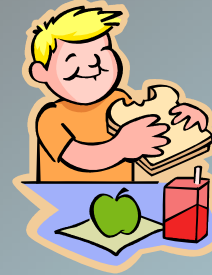




Meal Prices	
Breakfast	Free
Adult Breakfast	À la Carte
Kindergarten Lunch	Free
1 st - 4 th Grade Lunch	\$2.45
Reduced Lunch	\$0.40
Adult Lunch	\$3.90



Hornet Café

Flour Bluff ISD School Nutrition
2019-2020
KINDER – 4th Grade Menu

À la Carte			
Breakfast Entrée	\$1.75 *	8 oz. Bottle Water	\$0.50
Lunch Entrée	\$2.50 *	16 oz Bottle Water	\$0.75
Vegetable or Fruit Side	\$1.00 *	Fruit 20 Bottle Water**	\$1.50
Milk	\$.075 *	*Students are allowed to purchase extra food items.	

SquareMeals.org



****Only available at Primary/Elementary**

Our Mission is to provide nutritious well-balanced meals that encourage long lasting healthy eating choices.

Lunch Meal Deal: Includes 3 to 5 different food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal).

Food Components:

1. Meat
2. Grain
3. Fruit
4. Vegetable (Select up to 2 vegetables)
5. Milk

Payment options:

Cashiers are available to accept payments during breakfast and lunch at each campus and at Central Kitchen.

Or you may log on to www.flourbluffschoools.net and click the lunch menu icon for online payment.

Free Breakfast Deal: Includes 3 food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Free Reimbursable Meal).

Food Components:

1. Grain (with optional meat allowed)
2. Fruit/Vegetables (select up to two components)
3. Milk



Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin Variety Assorted Cereal	Egg Omelet w/Sausage Link Assorted Cereal	French Toast w/Sausage Patty Assorted Cereal	Cinnamon Roll Assorted Cereal	Blueberry Pancake Wrap Assorted Cereal
Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety
Mini Strawberry Bagel Assorted Cereal	Pancake Sausage Bites Assorted Cereal	Ham/Egg & Cheese Croissant Assorted Cereal	Donut Hole w/icing Assorted Cereal	Mini Pancake w/Bacon Assorted Cereal
Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety
Mini Cinni Assorted Cereal	Ham Bar w/ Biscuit Assorted Cereal	Concha Variety Assorted Cereal	Egg Wrap Assorted Cereal	Pancake Sausage Sandwich Assorted Cereal
Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety	Fresh Fruit Juice Milk Variety

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August 2019						
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September 2019						
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October 2019						
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November 2019						
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December 2019						
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	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Start & Grain Component	Chicken Burger Cheese Stick w/Marinara Sunbutter Sandwich	Big Daddy Pepperoni Pizza Turkey & Gravy Dinner Roll Ham & Cheese Sub	Spaghetti w/Meat Sauce Cherry Blossom Chicken w/Rice Sub Roll Chef Salad	Fish Nugget w/Mac & Cheese Mini Corndog Tuna Salad	Lasagna Roll Ups Country Fried Steak w/Gravy Dinner Roll Turkey & Cheese Croissant
Vegetable & Fruit Component	Savory Fries Celery Stick Diced Pears Fresh Fruit	Mashed Potato Northern Beans Mandarin Orange Fresh Fruit	Malibu Blend Vegetables Spinach Salad Mini Carrots Applesauce Fresh Fruit	Green Beans Corn On the Cob Diced Peaches Fresh Fruit	Italian Vegetable Broccoli Bites Fruit Cocktail Fresh Fruit
Start & Grain Component	Hamburger w/Cheese Chicken Drumstick Biscuit Mediterranean Salad	Big Daddy Four Cheese Pizza Frito Pie Sunbutter Sandwich	Grilled Cheese Sandwich Beef Nacho's Turkey & Cheese Croissant	Chicken Nuggets Three Cheese Enchilada w/Spanish Rice Sub Roll Chicken Salad	Beef Tacos Chicken & Waffle Corn Muffin Ham & Cheese Sub
Vegetable & Fruit Component	Savory Loops Glazed Carrots Diced Pears Fresh Fruit	Spudsters Potatoes Pork & Beans Mandarin Oranges Fresh Fruit	Tomato Soup Mixed Vegetable Sliced Cucumber Pineapple Tidbits Fresh Fruit	Seasoned Beans Celery Sticks Romaine Salad Diced Peaches Fresh Fruit	Mexicali Corn Steamed Broccoli Fruit Cocktail Fresh Fruit
Start & Grain Component	Pepperoni Pinwheel Chicken Alfredo w/Penne Noodles Sub Roll Turkey & Cheese Croissant	Chicken Strips Carne Guisada w/Rice Soft Pretzel Sunbutter Sandwich	Pulled Pork w/Pickle Spear & Chips Tamales Pita Cheese Wrap	Sloppy Joe Chicken Egg Roll w/Asian Noodles Chef Salad	Burrito w/Chili Cheese Mini Cheese Ravioli Dinner Roll Pasta Salad
Vegetable & Fruit Component	California Blend Vegetable Cucumber Slices Spinach Salad Pineapple Tidbits Fresh Fruit	Vegetable Soup Garden Peas Mandarin Orange Fresh Fruit	Baked Beans Coleslaw Applesauce Fresh Fruit	Sidewinder Potatoes Broccoli Bites Diced Peaches Fresh Fruit	Roasted Cauliflower Corn Salad Fruit Cocktail Fresh Fruit

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